



Training Solutions, Delivered!

DON'T BET YOUR LIFE ON UNSAFE ACTS

**Leader's Guide, Fact Sheet
& Quiz**

This easy-to-use Leader's Guide is provided to assist in conducting a successful presentation.

PREPARING FOR THE MEETING

Here are a few suggestions for using this program:

- a) Review the contents of the Fact Sheet that immediately follows this page to familiarize yourself with the program topic and the training points discussed in the program. The Fact Sheet also includes a list of Program Objectives that details the information that participants should learn from watching the program.
- b) If required by your organization, make an attendance record to be signed by each participant to document the training to be conducted.
- c) Prepare the area and equipment to be used for the training. Make sure the watching environment is comfortable and free from outside distractions. Also, ensure that participants can see and hear the TV screen or computer monitor without obstructions.
- d) Make copies of the Review Quiz included at the end of this Leader's Guide to be completed by participants at the conclusion of the presentation. Be aware that the page containing the answers to the quiz comes before the quiz itself, which is on the final page.

CONDUCTING THE PRESENTATION

- a) Begin the meeting by welcoming the participants. Introduce yourself and give each person an opportunity to become acquainted if there are new people joining the training session.
- b) Introduce the program by its title and explain to participants what they are expected to learn as stated in the Program Objectives of the Fact Sheet.
- c) Play the program without interruption. Upon completion, lead discussions about your organization's specific policies regarding the subject matter. Make sure to note any unique hazards associated with the program's topic that participants may encounter while performing their job duties at your facility.
- d) Hand out copies of the review quiz to all of the participants and make sure each one completes it before concluding the training session.

3247 DON'T BET YOUR LIFE ON UNSAFE ACTS FACT SHEET

LENGTH: 14 MINUTES

PROGRAM SYNOPSIS:

When workers begin their jobs each day, they aren't planning to gamble their lives away by committing unsafe acts. Somewhere along the way, however, some employees make a choice or decision to risk their lives by bypassing a safety rule or procedure. Will their gambles pay off? Don't bet on it.

This program examines some of the reasons employees choose to place their lives in danger so we can learn to recognize and avoid these types of tragic decisions.

PROGRAM OBJECTIVES:

After watching the program, the participant will be able to explain the following:

- Why years of experience on the job cannot guarantee our safety;
- Why rushing and other distractions can be so dangerous;
- Why cocky and other arrogant safety attitudes have no place in the workplace;
- Why safety rules must be followed all of the time, not just when they are obvious;

INSTRUCTIONAL CONTENT:

RUSSIAN ROULETTE

- Russian roulette is the game where you place one bullet into an empty revolver and spin the cylinder. Then you place the gun to your head and pull the trigger.
- There is no way to know when the bullet will line up with the firing pin; no way to predict it.
- Just like ignoring safe work practices, if you play the game often enough, eventually you lose. It is not an accident if you bet your life on the random spin of the cylinder and lose.

ELECTRICAL INCIDENT

Frank and another electrical worker were servicing an electrical motor. They had turned off the power switch, but didn't lock it out. When his co-worker suggested that they test to make sure the power was off, Frank responded "Look, I've been doing this for 20 years; I know which switch feeds the motor." When they completed the task, Frank said "When you've been doing this job as long as me, you just know which switch feeds which panel. It's like second nature to me. Don't worry; one day you'll know how."

Sometime later, Frank's co-worker and a new electrical worker were performing a similar task. The new worker asked "What about checking the power?" The experienced worker replied, "Don't worry about it; I know what's what," but he was electrocuted when he reached into the electrical panel with a screwdriver.

Conclusions Drawn From This Incident:

- Many risk takers believe that their skill and experience allows them to sidestep safe work practices and procedures. Sometimes they are successful, which only reinforces this errant belief.
- Frank's decision not to follow procedure and verify the equipment was de-energized stemmed from a false sense of security based on his years of experience. We need to understand that experience alone can't keep us safe and our skill has nothing to do with our safety.
- When experienced workers ignore safe work practices, less-experienced workers are less likely to continue to follow the proper procedures.
- An interesting statistic shows that incident rates are highest among new workers. Then they drop off as the workers gain experience, only to rise again as their years of experience increase. This is a cycle that must be broken and underscores why all workers, no matter their experience, must remain vigilant about following safe work practices each and every time.

CONFINED SPACE INCIDENT

Smitty and a co-worker were preparing to replace a pump filter in a tank on the plant grounds. When the co-worker proposed going to get the paperwork necessary for entering the confined space, Smitty replied, "Are you nuts? That will take forever; I promised my wife we'd be on time for dinner." Despite his co-worker's concerns about testing the air and obtaining an entry permit, Smitty entered the tank and began to service the pump. Soon he was overcome by a poisonous gas. As his training prohibited him from entering the space to help, his co-worker radioed for help while he watched Smitty die.

Conclusions Drawn From This Incident:

- When you find yourself pressed for time and tempted to take a risk, take a moment to stop and consider what is at stake.
- Smitty said he was in a hurry, but it may be more appropriate to say he was distracted. He let something totally unrelated to his job task determine his ability to perform that task safely.
- Working while distracted is similar to driving a car while distracted; it interferes with your decision-making, impairs your reaction time and places you and others at risk.
- Rushing to finish a job is a symptom of working while distracted and should be a warning sign that you need to slow down and consider your safety.
- Other warning signs of distracted working include anger, being preoccupied with outside issues or being distracted by other workers or operations.
- Don't bet on being able to perform your job safely while rushing or being inattentive. Take a moment and make sure you are properly focused before beginning each new job task.

FALL INCIDENT

Two maintenance workers were preparing to perform a maintenance task on an elevated work platform. As they tied off their fall protection to a conduit pipe, one of the workers asked, "Do you think it will hold?" His co-worker replied, "What does it matter? I don't intend to fall. If you're scared, you just stay there and hand me the tools." He then climbed over the platform railing and reached to get his tools from the other worker. When he bobbed them during the exchange, he reached out to try and catch them. This caused him to lose his balance and fall from the platform. The conduit he was tied off to ripped away from the ceiling and he fell to his death.

Conclusions Drawn From This Incident:

- There is no room in the workplace for the type of dangerous attitude displayed by the worker who fell. The company wants you to work safely, period.
- Don't make the mistake of believing that your unsafe behavior makes you better or more effective than others. It just makes you dangerous.
- This is the same type of attitude that leads to various types of horseplay or even pranks that often end in injury.
- If you think taking chances, playing pranks or participating in horseplay is a good way to be the center of attention, don't bet on it.

WELDING INCIDENT

Brad was a welder who always wore the tinted shield in his hood that protected his eyes from the light emitted from his arc. When he finished welding, however, he would move about the shop without wearing the required eye protection. "I knew the light from the arc would definitely hurt my eyes, so I protected myself from it. But just standing around the shop, who'd of thought I'd get hit in the eye?" he said. When he finished a welding job in the shop one day, he lifted his hood. A co-worker near him was grinding a piece of metal and a shard from the operation struck Brad in one of his eyes.

Conclusions Drawn From This Incident:

- Another common lapse of judgment is only thinking about safety when confronted with obvious hazards rather than following safety rules all the time.
- The person who did the risk assessment for the shop area determined that safety glasses should be worn at all times.
- Just because you don't agree with a safety rule or understand why it is in place, it's still your responsibility to follow it. When it comes to the many various types of personal protective equipment you may be required to wear, you need to understand this.

- This equipment is considered the last line of defense against hazards that can't be controlled by other means. If you choose not to wear it, you're just rolling the dice that your number won't come up this time.
- Don't be one of the many workers who find out each year that this type of gamble is not worth the bet.

SUMMARY

- There are countless examples of choices we must make each day that affect our safety. Each of these situations is a chance for you to make an important choice.
- You can choose to risk your life and health on the random spin of the cylinder, or you can decide that your life, your hopes and your dreams are too important to leave to chance.
- Make good choices when it comes to your personal safety and realize that when you follow safe work practices and procedures, everyone wins—you, the company and your loved ones.

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ANSWERS TO THE REVIEW QUIZ

1. b

2. a

3. b

4. b

5. d

6. b

7. b

DON'T BET YOUR LIFE ON UNSAFE ACTS
REVIEW QUIZ

The following questions are provided to determine how well you understand the information presented in this program.

Name _____ Date _____

1. Skill and experience allow you to sidestep safe work practices and procedures.
 - a. True
 - b. False

2. Experience alone can't keep us safe and our skill has nothing to do with our safety.
 - a. True
 - b. False

3. When experienced workers ignore safe work practices, less-experienced workers are _____ to continue to follow the proper procedures.
 - a. More likely
 - b. Less likely

4. What should you do when you are pressed for time and tempted to take a risk?
 - a. Hurry up and finish the job
 - b. Take a moment to stop and consider what is at stake
 - c. Ask someone else to do the job for you

5. Which of the following is a warning sign of distracted working?
 - a. Rushing
 - b. Being angry
 - c. Being preoccupied with outside issues
 - d. All of the above

6. Unsafe behavior makes you more effective than other workers.
 - a. True
 - b. False

7. If you don't agree with a safety rule or understand why it's in place, you don't have to follow it.
 - a. True
 - b. False